

# A strategy for tissue self-organization that is robust to cellular heterogeneity and plasticity

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Developing tissues contain motile populations of cells that can self-organize into spatially ordered tissues based on differences in their interfacial surface energies. However, it is unclear how self-organization by this mechanism remains robust when interfacial energies become heterogeneous in either time or space. The ducts and acini of the human mammary gland are prototypical heterogeneous and dynamic tissues comprising two concentrically arranged cell types. To investigate the consequences of cellular heterogeneity and plasticity on cell positioning in the mammary gland, we reconstituted its self-organization from aggregates of primary cells *in vitro*. We find that self-organization is dominated by the interfacial energy of the tissue–ECM boundary, rather than by differential homo- and heterotypic energies of cell–cell interaction. Surprisingly, interactions with the tissue–ECM boundary are binary, in that only one cell type interacts appreciably with the boundary. Using mathematical modeling and cell-type-specific knockdown of key regulators of cell–cell cohesion, we show that this strategy of self-organization is robust to severe perturbations affecting cell–cell contact formation. We also find that this mechanism of self-organization is conserved in the human prostate. Therefore, a binary interfacial interaction with the tissue boundary provides a flexible and generalizable strategy for forming and maintaining the structure of two-component tissues that exhibit abundant heterogeneity and plasticity. Our model also predicts that mutations affecting binary cell–ECM interactions are catastrophic and could contribute to loss of tissue architecture in diseases such as breast cancer.

heterogeneity | cell sorting | differential adhesion | mammary | prostate

Self-organization is a process that contributes to pattern formation and repair at all scales of biological complexity. At the tissue scale, defining robust strategies of self-organization is critical for engineering functional tissues, as well as for understanding development and the breakdown of tissue structure during diseases such as cancer (1). During development, two or more populations of motile cells can self-organize into spatially ordered tissues by a process referred to as cell sorting (2–4). The outcome of cell sorting can be rationalized using physical models that invoke cell-type-specific differences in interfacial energies. Interfacial energies arise through the action of a contractile cell cortex coupled to adhesion molecules (e.g., cadherins) that link the cortices of neighboring cells and signal to modulate cortical tension at specific cellular interfaces (5). In general, the organization of a tissue after cell sorting corresponds to a configuration that maximizes the formation of the most energetically favorable (hereafter referred to as most cell–cell cohesive)<sup>†</sup> cellular interfaces (6). For example, with an intermediate level of heterotypic cell–cell cohesion the most self-cohesive cell type is typically found in the tissue core, with the less cohesive cell type spread around the tissue surface (Fig. 1A). In order for self-organization to proceed robustly by this strategy, a tissue requires and must maintain a clearly delineated hierarchy of homo- and heterotypic cell–cell cohesive interactions.

Regulated differences in cell–cell cohesion are also thought to contribute to the self-organization and repair of adult human secretory organs such as the mammary gland (7, 8). The mammary gland, along with the prostate, salivary, lacrimal, and sweat glands, has an architecture comprising two concentrically arranged epithelial cell types as shown in Fig. 1A. However, the cells in the mammary gland dynamically regulate their cohesivity and motility to serve specialized roles at different locations and at different times. For example, the inner luminal (LEP) and outer myoepithelial (MEP) cells are known to undergo physical and chemical changes throughout development, menstrual cycles, pregnancy, involution, and the early stages of malignant disease. However, experiments using the mouse as a model system indicate that at the terminal end bud, where the lumen is filled and cell motility and rearrangements are elevated, cell positioning is rarely lost (9, 10). Moreover, deletion of key cell–cell adhesion proteins such as E- and P-cadherin has no gross effect on MEP or LEP cell positioning in the developing mouse mammary gland (11, 12). This is surprising given the established role of cadherins in guiding cell positioning through cell sorting. How self-organization remains robust to such severe changes to cell–cell cohesion remains unclear.

## Significance

Differences in cell–cell interfacial energies can explain how multiple cell types sort into spatially organized tissues. However, this strategy of self-organization is not robust to heterogeneity or changes to the interfacial energies that drive correct cell positioning. Therefore, heterogeneous epithelial tissues such as the human mammary and prostate glands use a different strategy. First, disorganized aggregates form an adhesive interface at the tissue–ECM boundary that provides geometric constraints to self-organization. Second, only one cell type interacts appreciably with this interface. This strategy can explain how self-organization remains robust *in vivo*, provides generalizable rules for reconstituting tissues *in vitro*, and suggests how structure might break down during cancer progression.

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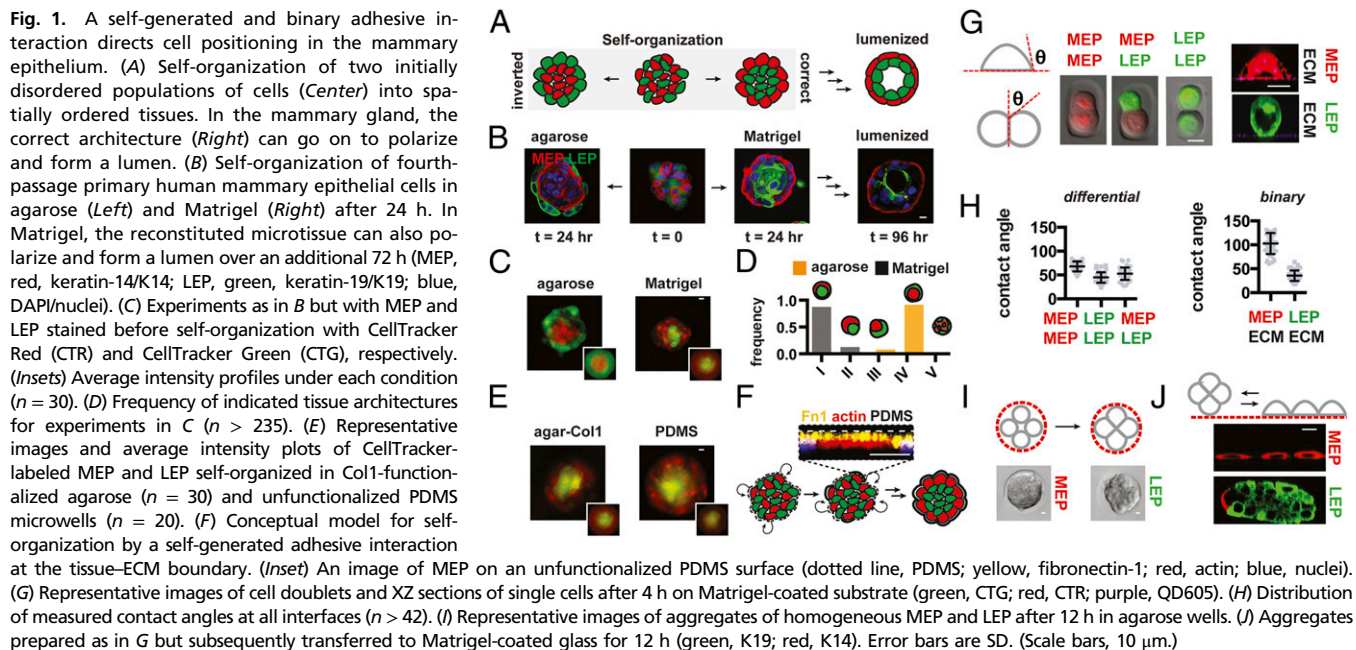
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<sup>†</sup>We use the term “cell–cell cohesion” to capture the relative change in surface energy upon forming a cell–cell contact from dissociated cells. We use “cell–ECM cohesion” to capture the relative change in surface energy upon forming a cell–ECM contact from a dissociated cell. We use the term “cohesion” instead of “adhesion” to avoid confusing the contribution of cortical tension and adhesion tension to the process of cell–cell and cell–ECM contact formation.



Adult tissues also comprise populations of cells that can be heterogeneous in their molecular and physical properties (13), and the mammary gland is a prototypical example of a heterogeneous tissue, possessing considerable spatial and temporal variability within both the inner luminal and outer myoepithelial populations. For example, neighboring cells in healthy tissue can differ markedly with respect to their expression of adhesion molecules, cytoskeletal proteins, hormone receptors, and the activation of specific signaling pathways (14–17). Such heterogeneity can affect the distribution of cell–cell cohesive properties among different cell types, thus confounding the ordered hierarchy of interactions necessary to drive self-organization robustly (6). Nevertheless, normal levels of tissue heterogeneity do not affect cell positioning in the gland. Even when heterogeneity in cell–cell cohesion is artificially elevated by mosaic deletion of E-cadherin, LEP and MEP retain their relative positions efficiently (18). How self-organization remains robust among these and other heterogeneous populations of cells is poorly understood.

The robustness exhibited by the mammary gland during self-organization could derive from a variety of mechanisms, including the action of intercellular regulatory networks or microenvironmental cues that fine-tune cell–cell cohesion. Here, we investigate the hypothesis that spatially restricted interfacial interactions unique to the tissue–ECM boundary are sufficient to direct robust self-organization, even among heterogeneous or changing populations of cells. To test this hypothesis, we reconstitute the self-organization of the mammary and prostate glands *in vitro* from aggregates of primary human cells. We then estimate the hierarchy of cell–cell and cell–ECM cohesive energies in the mammary gland to reveal that only the MEP, and not the LEP cells, adhere and spread onto the tissue–ECM boundary. Using mathematical modeling and cell-type-specific knockdown of key adhesion proteins, we show that binary (i.e., MEP adhere and LEP do not) cell–ECM cohesion dominates self-organization and is robust to changes to the hierarchy of cell–cell cohesive interactions. Our results provide a conceptual framework for understanding robust tissue formation *in vivo* and *in vitro* but also suggest several potential mechanisms through which tissue structure might break down during the progression of malignant disease.

## Results

**Human Mammary Epithelial Cells Can Self-Organize into an Inverted Architecture in the Absence of ECM.** During self-organization, cells can interact with each other and the surrounding microenvironment to guide their ultimate position in the tissue (19). To define the relative contributions of cell–cell and cell–microenvironmental interactions on cell positioning in the mammary gland we reconstituted aggregates of human mammary epithelial cells in the presence and absence of Matrigel, a complex mixture of basement membrane proteins and growth factors that support the self-organization of numerous tissues *in vitro*. We used luminal (LEP; Muc1+ and Calla–) and myoepithelial cells (MEP; Muc1– and Calla+) isolated from fourth-passage cultures of human reduction mammoplasty tissue (*SI Appendix*). These purified populations of cultured primary cells were reconstituted by chemical or mechanical means at 50:50 ratios, either fully embedded within Matrigel or in nonfouling microwells (agarose) (Fig. 1B and *SI Appendix*) (20). Consistent with their ability to self-organize, LEP and MEP efficiently formed the correct architecture in Matrigel after 12–24 h (*Movie S1*). Many tissues went on to polarize and form lumens after an additional 72 h, indicating that these fourth-passage primary cells retained a complete program of self-organization including cell sorting and subsequent morphogenesis (Fig. 1B, *Far Right* and *SI Appendix*). Strikingly, however, these same cells also efficiently self-organized in agarose, but into a perfectly inverted architecture (Fig. 1B, *Left*). In this inverted architecture LEP were positioned at the tissue periphery, with MEP forming a tight aggregate in the tissue core (*Movie S2*). These changes in tissue architecture could not be attributed to differentiation, because identical results were observed with LEP and MEP stained with live-cell tracking dyes before reconstitution (Fig. 1C and D). Therefore, the chemical or physical properties of Matrigel can quantitatively convert an inverted tissue configuration into one with the correct topology.

**Matrigel Provides a Substrate for the Assembly of a Self-Generated Adhesive Cue at the Tissue–ECM Boundary.** Matrigel could alter the outcome of self-organization by presenting specific diffusible or nondiffusible signals that alter cell–cell interactions, or by specifically modulating the tissue’s interfacial energy at the tissue–ECM boundary. To exclude the possibility that Matrigel provides

specific diffusible factors or ECM components to the tissue, we repeated the self-organization assay in microwells covalently functionalized with purified ECM proteins—collagen-1 (Col1) or fibronectin-1 (Fn1)—that are only minor constituents of Matrigel (21). Both Col1- or Fn1-functionalized agarose of several concentrations effectively directed MEP from the tissue core to the periphery (Fig. 1E and *SI Appendix*). These results suggest that specific factors present in Matrigel are not primarily responsible for directing cell positioning. Moreover, Col1 and Fn1 were not themselves necessary to drive MEP to the tissue boundary, because we also observed correct cell positioning in polydimethylsiloxane (PDMS) microwells, a nonbiological substrate that physisorbs secreted basement membrane proteins such as Fn1 (Fig. 1F and *SI Appendix*). In contrast, other nonbiological but nonfouling hydrogels such as PEG-acrylate or polyacrylamide did not direct MEP to the tissue boundary. Together with the observation that basement membrane components such as laminin-5 were deposited at the MEP–Matrigel interface (*SI Appendix*), we conclude that Matrigel, PDMS, and functionalized agarose act to reorganize tissue architecture by providing an interface at the tissue boundary where cells can deposit and assemble their own adhesive basement membrane.

**Cell–ECM Cohesion Is Binary Because Only MEP Interact Appreciably with the Tissue–ECM Boundary.** The observation that the tissue–ECM boundary provides an additional and energetically favorable interface driving tissue self-organization prompted us to estimate the energy of cell–cell and cell–ECM cohesion for mammary epithelial cells. To do so, we compared the contact angle formed at cell–cell interfaces to the contact angles formed at the cell–ECM interface for all combinations of MEP, LEP, and a Matrigel-coated substrate. Contact angles can be related to the balance of forces at the cell–cell, cell–medium, and cell–substrate interfaces by Young’s equation (*SI Appendix*). In conjunction with some simplifying assumptions and estimates of interfacial surface area, contact angle therefore provides a means of approximating the change in surface energy upon cell–cell contact formation for all components of the mammary epithelium. In this assay, we reproducibly found that MEP formed the most energetically favorable cell–cell interactions, having the largest cell–cell interface as well as the largest contact angle (69°; Fig. 1G and H). This was followed by heterotypic MEP–LEP interactions (53°) and finally homotypic LEP–LEP interactions (45°). Encouragingly, these measures of cell–cell cohesion were consistent with the observation that MEP organize in the tissue core in agarose, where the most cell–cell cohesive population would maximize their homotypic interfaces.

We next measured the contact angle between LEP, MEP, and a Matrigel-coated substrate. The cell–ECM contact angle for MEP was pronounced at 4 h (Fig. 1G and H) and converged to a value of 119° after an additional 8 h (*SI Appendix*). Strikingly, however, the vast majority of LEP were unable to interact with the Matrigel-coated surface. Those few cells that interacted had an average contact angle near the lower limit of detection for the assay (*SI Appendix*). These properties of MEP and LEP were retained at the multicellular level, because the more cell–cell cohesive MEP aggregates had higher circularity than the less cell–cell cohesive LEP aggregates yet preferentially spread on ECM-coated surfaces (Fig. 1I and J and *SI Appendix*). Cell–ECM cohesive differences between MEP and LEP were also reflected at the molecular level, where we found that most components of the ECM adhesion machinery, including multiple integrin subunits and basement membrane proteins, were overexpressed in MEP relative to LEP (*SI Appendix*).

Together, these measurements suggest that although homo- and heterotypic cell–cell cohesive interactions can span a spectrum of values in the mammary gland and are capable of directing self-organization independent of ECM into an inverted

architecture, cell–ECM cohesion at the tissue boundary is a property unique to the MEP population. Along with the observation that MEP synthesize an adhesive ECM boundary, these measurements suggest that remodeling of the tissue–ECM boundary drives tissue self-organization toward the correct in vivo architecture by providing a new interface. Strikingly, cell–ECM cohesion to this interface is binary, in that LEP–ECM cohesion is maintained at a minimum.

### Spatially Restricted and Binary Cell–ECM Cohesion Need Not Be the Most Energetically Favorable Interaction to Dominate Self-Organization.

In contrast to individual cell–cell interactions that span a spectrum of interaction energies and rearrange dynamically within the tissue, cell–ECM interactions are binary and spatially restricted to the outer edge of the tissue where basement membrane components accumulate. These qualitative differences between cell–cell and cell–ECM interactions could have important consequences on the robustness of self-organization. We therefore implemented a coarse-grained and lattice-based mathematical model to compare the relative stability of the correct and inverted architectures as a function of the geometry and the relative stability of each type of cell–cell and cell–ECM interaction (Fig. 2A and B and *SI Appendix*). In this model, we treated ECM as a set of static cells that define the tissue boundary. We calculated that a phase transition between the inverted and correct tissue architectures would occur when the energy of MEP–ECM cohesion ( $W_{\text{MEP-ECM}}$ ) satisfies the following inequality:

$$W_{\text{MEP-ECM}} > (W_{\text{MEP-MEP}} - W_{\text{LEP-LEP}}) * \varnothing(r) + W_{\text{LEP-ECM}}$$

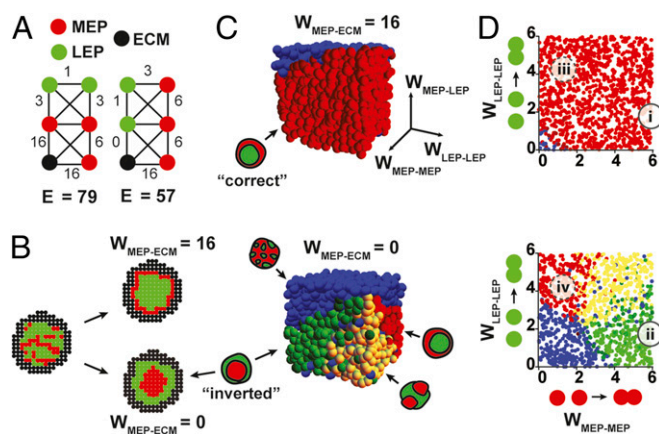
where  $\varnothing(r)$  is a geometric parameter (*SI Appendix*). How strong must  $W_{\text{MEP-ECM}}$  be to dominate self-organization under conditions of binary cell–ECM cohesion? To answer this question, we calculated the minimum interaction energy between MEP and ECM necessary to correct an inverted architecture given the energies of interaction estimated for the other components of the tissue (Fig. 2A and *SI Appendix*). We found that the correct tissue architecture is favored when  $W_{\text{MEP-ECM}}$  is greater than 2.5-fold  $W_{\text{LEP-LEP}}$ , the weakest of the cell–cell cohesive interactions. Surprisingly, this value of  $W_{\text{MEP-ECM}}$  is less than the magnitude of both  $W_{\text{MEP-MEP}}$  and  $W_{\text{MEP-LEP}}$  in the model. Therefore, this analysis highlights the importance of a spatially restricted adhesive cue on self-organization. It also highlights the importance of on-or-off (i.e., binary because  $W_{\text{LEP-ECM}} = 0$ ) cell–ECM cohesion because the strength of  $W_{\text{MEP-ECM}}$  necessary to correct an inverted architecture increases directly with the strength of  $W_{\text{LEP-ECM}}$ .

### Binary Cell–ECM Cohesion Sustains Self-Organization upon Perturbation to Cell–Cell Cohesion.

To explore the robustness of self-organization to varied parameters mimicking plasticity in cell–cell cohesion, we implemented the mathematical model computationally. We first confirmed that the computational model converged on the correct and inverted tissue architecture in the presence or absence of an adhesive tissue boundary, respectively (Fig. 2B and *SI Appendix*). We then tested combinations of parameters for cell–cell interactions across 10,000 runs of the model and plotted the results of each run as a sphere on a 3D phase diagram. Each sphere’s color corresponds to distinct tissue configurations (Fig. 2C). In the presence of binary cell–ECM cohesion, we found that the correct configuration (red sphere) was stable across the majority of sampled parameters. In contrast, tissue configuration was exquisitely sensitive to changes to the hierarchy of cell–cell cohesive interactions in the absence of binary cell–ECM cohesion. Indeed, the tissue seemed poised near numerous phase boundaries such that small perturbations to parameters triggered large-scale transitions between dissimilar tissue architectures in the model.

More detailed visual analysis of the phase diagram suggested several testable hypotheses (Fig. 2D). First, tissue self-organization





**Fig. 2.** A lattice-based model of self-organization predicts robustness to perturbations affecting cell-cell cohesion in the presence of an adhesive tissue boundary. (A) Two configurations of LEP (green), MEP (red), and ECM (black) with different stabilities. Numbers on edges represent the strength (relative to LEP-LEP) of specific interactions. Larger numbers represent more favorable interactions. (B) Output of Monte-Carlo simulations using the indicated values for  $W_{MEP-ECM}$  for tissue self-organization on a square lattice with stationary ECM. (C) Phase diagrams for tissue self-organization in the presence (Top) and absence (Bottom) of MEP-ECM interactions. Each sphere represents a single run of the model. Color represents the given tissue architecture (small icons). (D) Cross-sections through the phase diagrams in C reveal the combinations of parameters representative of fourth-passage human primary mammary epithelial cells in the presence of ECM (i). Positions ii-iv represent predicted tissue phases upon specific perturbations described in the text.

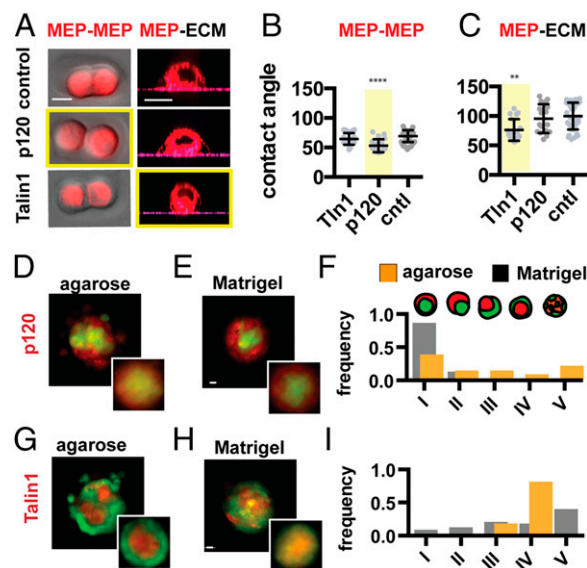
should be robust to pronounced decreases of MEP-MEP or LEP-LEP cohesion in the presence of an adhesive ECM boundary (e.g., perturbation i  $\rightarrow$  iii). In contrast, the same perturbations should lead to a transition between dissimilar tissue configurations in the absence of an adhesive tissue boundary (e.g., perturbation ii  $\rightarrow$  iv). To measure the impact of perturbations to cell-cell cohesion on self-organization, we used siRNA to knock down p120 catenin in the most cell-cell cohesive MEP population. p120 catenin is necessary for stabilizing cadherin-mediated cell-cell interfaces and, as expected, knockdown of p120 catenin caused a dramatic reduction in MEP-MEP cohesion as determined by a decrease in contact angle and a reduction in aggregate circularity (Fig. 3A and B and *SI Appendix*). However, p120 knockdown did not have a significant effect on cell-ECM contact angle over a similar timeframe (Fig. 3C and *SI Appendix*). To assay for self-organization, we forced aggregation of control LEP with p120 knockdown MEP by either mechanical or chemical means (*SI Appendix*) (22–24). Consistent with the predictions of the model, we observed a transition among tissue architectures in nonadhesive agarose: Instead of an inverted tissue architecture, the now less-cohesive MEP moved to the periphery of the tissue, allowing the control LEP to maximize their interactions at the tissue core (Fig. 3D). However, the decrease in MEP-MEP cohesion did not alter the outcome of self-organization in Matrigel, where control LEP remained in the tissue core and p120 knockdown MEP spread at the tissue-ECM boundary (Fig. 3E and F).

The computational model also predicted that a loss of cell-ECM cohesion in the MEP population should be sufficient to trigger a transition toward the inverted architecture, independent of the physical or chemical properties of the surrounding matrix. However, we found that knockdown of single integrins such as  $\beta 1$  in MEP did not efficiently block cell spreading on complex ECM such as Matrigel, and thus did not significantly affect self-organization (*SI Appendix*). This observation can be explained by the redundant expression of multiple integrins by MEP but also suggests an important role for cortical tension in

MEP spreading on ECM, as well as self-organization. We therefore knocked down Talin1—an adapter protein necessary for linking the contractile actomyosin cytoskeleton to integrins (25)—and observed a significant reduction in MEP-ECM contact angle and the spreading of multicellular aggregates on Matrigel-coated substrates (Fig. 3A and C and *SI Appendix*). Talin1 knockdown did not appear to perturb MEP-MEP cohesion as measured by cell-cell contact angle at 4 h (Fig. 3B), although we did observe a reduction in MEP aggregate circularity after 12 h (26). Consistent with their cell-cell and cell-ECM cohesion phenotypes, Talin1 knockdown MEP reconstituted with control LEP assembled efficiently into the inverted architecture in agarose (Fig. 3G) but were unable to efficiently self-organize into the correct architecture in Matrigel (Fig. 3H and I). Taken together, these experiments indicate that, in the presence of an adhesive tissue-ECM boundary, binary cell-ECM cohesion can direct cell positioning even upon dramatic perturbations to cell-cell cohesion.

### Self-Organization of the Mammary Gland Is Robust to Highly Variable Cell-Cell Interactions.

We also tested how binary cell-ECM cohesion could moderate the effects of highly variable cell-cell cohesion on tissue self-organization. To do so, we used uncultured primary cells isolated from human reduction mammaplasty tissue. Compared with the fourth-passage primary cells used in our previous experiments, uncultured primary cells have elevated levels of cellular heterogeneity in a variety of cell-surface markers (15, 27). Consistent with underlying variability in the energetics of their cellular interfaces, we found that pure populations of uncultured luminal or myoepithelial cells formed aggregates with more variable and overlapping circularity than fourth-passage primary cells (Fig. 4A). However, these uncultured primary cells retained



**Fig. 3.** Self-organization is robust to perturbation of cell-cell cohesion only in the presence of an adhesive tissue boundary. (A) Representative images of MEP used to measure contact angles at the cell-cell and cell-ECM interfaces for the given perturbations. (B) Quantification of MEP contact angles (and SD) at the cell-cell and (C) cell-ECM interfaces ( $n = 16–56$ ) for the given perturbations. Measurements for Talin1 knockdown cells do not account for a significant fraction of the population that do not adhere to matrix and are removed during wash steps. (D) Representative image and average intensity plots (Inset,  $n = 20$ ) for p120 knockdown MEP self-organized with control LEP in agarose and (E) Matrigel. (F) Distributions of tissue architectures from D and E ( $n = 45–54$ ). (G) Representative image and average intensity profiles (Inset,  $n = 20$ ) for Talin1 knockdown MEP with control LEP in agarose and (H) Matrigel. (I) Distributions of tissue architectures from G and H ( $n = 72–81$ ). Red, CellTracker Red; green, CellTracker Green. (Scale bars, 10  $\mu\text{m}$ .)





more physical explanation for how mammary epithelial cell spreading on ECM affects tissue architecture in vivo (35).

The dominant role of myoepithelial cells in guiding the self-organization of the mammary gland is particularly interesting in light of their hypothesized role as cellular tumor suppressors and master regulators of tissue architecture (36, 37). Luminal epithelial cells or their progenitors are widely believed to be the cell of origin in most breast cancers (38). In contrast, myoepithelial cells are rarely transformed and act as cellular tumor suppressors by decreasing proliferation and blocking access of transformed luminal cells to the ECM, where they can take on more basal characteristics and invade (39). Therefore, loss of MEP positioning is commonly associated with a transition from non-invasive to invasive breast cancer (40). Given that MEP are rarely transformed, what sorts of physical changes in the LEP population could contribute to a breakdown in robust MEP positioning? Mathematical modeling suggests at least two classes of perturbations to luminal cells that would affect myoepithelial cell positioning without specifically altering the strength of MEP interactions with the ECM or other cells. First, simply increasing LEP–ECM adhesion (i.e., loss of binary adhesion by increasing  $W_{LEP-ECM}$ ) could have profound changes on tissue architecture. Recent studies support this notion. For example, activation of epithelial–mesenchymal transition within the mammary gland by overexpression of Twist1 triggers rapid cell dissemination and a breakdown in cell positioning within the gland. Surprisingly, expression profiling revealed that these architectural changes coincided with an up-regulation of basal adhesion machinery rather than alterations in cell–cell cohesion (18). Second, our model predicts that processes that lead to ductal swelling and lumen filling owing to aberrant luminal cell growth would decrease the

tissue surface to volume ratio (e.g., changing the parameter  $\varnothing(r)$ ; *SI Appendix*), thereby decreasing the influence of the tissue boundary on cell positioning. Supporting this notion, deletion of the proapoptotic protein BIM during mammary development was found to trigger lumen filling and terminal end bud dilation. This process coincided with the appearance of numerous cells expressing MEP markers in the tissue core (10). Although these reports are intriguing, future efforts will be needed to dissect the precise relationship between matrix physicochemical properties, cell adhesion, tissue geometry, and the capacity of LEP and MEP to form, retain, and remodel the correct architecture of the mammary gland during tumor progression.

## Materials and Methods

Experimental procedures used for dissociating, purifying, transfecting, reconstituting, and culturing human mammary and prostate epithelial cells can be found in *SI Appendix*, including a discussion of analytical methods and computational experiments.

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